

KIRKMAN®

For more than 60 years, healthcare practitioners all over the world have trusted the quality of Kirkman's products.

Order Today!

www.kirkmangroup.com
kirkman@kirkmangroup.com
(800) 245-8282 • (503) 694-1600
(775) 525-2887 (fax)

© Kirkman Group, Inc. 2015

KIRKMAN®

Introducing

Children's Chewable Calcium Chocolate Wafers

with Vitamin D-3



NEW

Gluten Free
Casein Free



Every ingredient in every product*
is tested for more than
950 environmental contaminants

*except lotions, creams and oils.



Calcium That Taste Like Yummy Chocolate?

It's Kirkman's New, Children's Chewable Calcium with Vitamin D-3 Chocolate Wafers



(Also see our NEW Children's Chewable Pro-Bio Gold™ Chocolate Wafers #0458-090)

KIRKMAN

Kirkman's new Children's Chewable Calcium with Vitamin D-3 Chocolate Wafers (#0520-120) have a wonderful, creamy, chocolate taste, which kid's (and adults too) love. This new product offers 250 mg. of calcium and 80 IU of vitamin D-3 in an easy-to-take chewable wafer. Vitamin D-3 has been included with the calcium because they work synergistically to provide health benefits.

Calcium is the most abundant mineral in the body. It performs many important metabolic functions and is required for vascular contraction, muscle function, nerve transmission, intracellular signaling and hormonal secretion. However, only one percent of body calcium is used for these important metabolic functions.

Ninety-nine percent of body calcium is stored in bones and teeth where it supports their structure and function.

Throughout life, bones go through remodeling. Children need adequate amounts of calcium to support their bodies' development. Adults need calcium to maintain healthy bone structure and function. Aging often causes the breakdown of bone density to exceed formation, resulting in bone loss.

Children and teens do not get enough calcium, according to one large survey. This study showed that among children aged 9 to 13 years, only about 12 percent of girls and 17 percent of boys consumed the recommended daily amount of calcium. For older teens, 42 percent of boys and only 10 percent of girls consumed enough calcium daily¹. Calcium needs differ depending on the age of the child, according to the Institute of Medicine's dietary reference intakes for calcium².

This product, like all of Kirkman's calcium products, is manufactured from exceptional grade calcium. Another health benefit is that every ingredient in Kirkman's Children's Chewable Calcium Chocolate Wafers with Vitamin D-3 has been Ultra Tested® for more than 950 environmental contaminants, according to Kirkman's proprietary purity testing protocol.

SUGGESTED USE: One to two wafers daily or as directed by a physician.

Supplement Facts

Each Serving Contains	Amount per Serving	% Daily Value
Calcium (Elemental)	250 mg	25%
Vitamin D-3	80 IU	20%

INGREDIENTS: Dextrose, Calcium Carbonate, Natural Chocolate Flavoring, Stearic Acid (Vegetable), Magnesium Stearate (Vegetable), Natural Vanilla Flavoring, Sodium Chloride, Stevia Leaf Extract, Vitamin D-3.

¹ Moshfegh, A. J., Goldman, J., & Cleveland, L. (2009). What we eat in America, NHANES 2005–2006: Usual nutrient intakes from food and water compared to 1997 dietary reference intakes for vitamin D, calcium, phosphorus, and magnesium. U.S. Department of Agriculture, Agricultural Research Service. Retrieved April 21, 2012, from http://www.ars.usda.gov/SP2UserFiles/Place/12355000/pdf/0506/usual_nutrient_intake_vitD_ca_phos_mg_2005-06.pdf

² Institute of Medicine. (2010, November). Dietary reference intakes for calcium and vitamin D. Report brief. Retrieved April 21, 2012, from <http://www.iom.edu/Reports/2010/Dietary-Reference-Intakes-for-Calcium-and-Vitamin-D.aspx>